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A mat provides for cleaning and disinfection of the soles of boots or shoes worn by humans, hooves of animals, and/or tires of automobiles or farm equipment. The mat includes a core which can retain a liquid, a permeable material surrounding the core, and a waterproof sleeve covering a bottom, sides, and part of a top of the core. When pressure is put on the mat, a depression is formed which bathes the depressing element in the liquid, while the waterproof sleeve prevents the liquid from overflowing.

[illegible]